



CHILDREN AND YOUNG PEOPLE SAFEGUARDING POLICY

Lisa Carter | Head of Safeguarding
lisacarter@wolves.co.uk



INTRODUCTION

At Wolves, we want our children and young people to be happy and safe.

You have the right to be safe wherever you are: at home, at school, out and about with your friends, and at any activity you take part in at Wolves FC. This might be when attending a match, within the Academy or as part of the Foundation. You have the right to be listened to, treated with respect and supported if you are worried about yourself or someone else. Everyone at Wolves FC has a responsibility to help keep children and young people safe and to make sure their welfare and wellbeing are always put first.

That means:

Listening to children and young people

Making sure children and young people are safe

Acting when needed

What is Abuse?

Abuse is when a person hurts you, harms you, or makes you feel unsafe. This can be an adult or another child or young person. Abuse can happen in families, school, academies, online.... literally anywhere.

There are different types of abuse:

- **PHYSICAL ABUSE:**

When someone is hurting you. Things like: – Hitting, smacking, and slapping, scalding, or burning you, spitting or throwing things at you, shaking, or suffocating you.

- **SEXUAL ABUSE:**

Sexual abuse is when someone touches you in a way that is not okay, asks you to do things that make you feel uncomfortable, sends or shows you sexual pictures or videos, or makes you watch or do sexual things.

- **EMOTIONAL ABUSE:**

This is when a person intentionally makes you feel bad about yourself, ignores you or puts you down. Some examples are: – Putting you in a dangerous situation, calling you names, being aggressive and violent to other people in your family.

- **BULLYING:**

Means different things to different people. Generally, it's when you are made to feel bad or humiliated by name calling, pushing, or pulling or being threatened. This can happen anywhere - online or offline.

- **NEGLECT:**

This is when you don't have the things you really need to be well. Things like: Food, clean clothes, medicine. It also includes things like protection from harm and dangerous people. If you are worried about yourself or someone else, tell a trusted adult as soon as possible. Even if you are not sure, it is always okay to ask for help.

STAYING SAFE ONLINE

Sometimes people can be unsafe online as well as in person. This can happen through social media, online games, messaging apps, websites, live streaming or when sharing photos and videos.

You should never feel pressured to do something that makes you uncomfortable online. This might include someone asking you to keep secrets, share personal information, send pictures or videos, or join conversations that make you feel worried, upset or unsafe.

If someone online makes you feel uncomfortable, sends you something upsetting, pressures you to do something you do not want to do, or if you are worried about something you have seen online, tell a trusted adult or a member of the Safeguarding Team as soon as possible. Remember, it is never your fault if something happens online that makes you feel unsafe. We will listen to you, take your concerns seriously and help to keep you safe.

ASKING FOR HELP

If you have a problem, or are worried about something, it's always best to speak to an adult you trust. It can be difficult to find the right words so here are some tips to help make it a bit easier.

Start somewhere

You don't have to share everything all at once. Say what comes to mind – it is okay if it does not come out perfectly. Telling someone is the most important thing.

Choosing the right person

Speak with an adult you trust; someone who makes you feel safe and listened to. Some children and young people find it easier to write down their worries and share them with a trusted adult. The adult may need to ask you questions about what you have written, but this is to help them understand what has happened and how they can support you. It does not mean that they do not believe you. If you tell an adult something that makes them worried about your safety, or the safety of someone else, they may need to share this information with members of the Safeguarding Team so that the right help and support can be provided. They should explain who they need to tell and why.

You can speak to any member of staff at Wolves FC, whether they work in the Academy or the Foundation.



Lisa Carter
Head of Safeguarding
lisacarter@wolves.co.uk



Jonathan Redhead
Safeguarding Senior Manager and
Designated Safeguarding Lead
(Academy)
jonathanredhead@wolves.co.uk



Stephen Cullis
Safeguarding Senior Manager
and Designated Safeguarding
Lead (Foundation)
stephencullis@wolves.co.uk



Erica Holford
Safeguarding & Player Care
Women & Girls (Academy)
Ericaholford@wolves.co.uk

OTHER HELPFUL LINKS AND NUMBERS

childline

0800 1111

www.childline.org.uk



www.thinkuknow.co.uk

YOUNGmINDS

youngminds.org.uk



stonewall.org.uk/young-stonewall



www.brook.org.uk



www.barnardos.org.uk

NSPCC

www.nspcc.org.uk



www.thepfa.com



www.thefa.com

Premier League

Premier League Head of Safeguarding:

+44 (0) 20 7864 9000 | safeguarding@premierleague.com





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