



JOB DESCRIPTION

JOB TITLE: U13s & U14s Sport Scientist
DEPARTMENT: Academy Sport Science and Medical
REPORTS TO: Head of Academy Performance Services
LOCATION: Sir Jack Hayward Training Ground, Compton
HOURS: Full-time 37.5 hours per week (flexibility will be required due to the nature of this role)
DATE: June 2026

We are Wolves. English football's original innovators.

As a founding member of the Football League, we boast one of the richest histories in the beautiful game, shaping modern football while always staying true to our Old Gold roots.

A football club which represents a city built on grit and togetherness and one that is defined by ambition; from pioneering floodlit football to succeeding at the highest levels of the English and European game.

Always looking forward and determined in the face of challenge, bright in spirit and unified by the bond between players, staff and supporters, while remaining humble and grounded in the values of our Wolverhampton community.

At Wolves, we honour the past, while seizing the future.

We are committed to safeguarding and promoting the welfare of children, young people and adults at risk. We expect all colleagues and volunteers to share this commitment. This means that the post-holder is required to apply all relevant policies and uphold the Club's commitment to safeguarding children, young people and adults at risk

Job purpose

We are seeking an exceptional individual to lead our U13's & U14's Sport Science provisions, focusing primarily on the planning, implementation and monitoring of on-field physical conditioning and gym-based strength sessions here at Wolverhampton Wanderers Football Club.

Key responsibilities

- 🛡️ Plan and deliver Athletic Development sessions to a range of different abilities primarily to the U13's & U14's age groups
- 🛡️ Lead daily readiness to train provisions alongside medical staff for the YDP
- 🛡️ Collect and Collate GPS player training and matchday workload reports as well as return to play data
- 🛡️ Assist in the implementation of individual player-specific conditioning programs
- 🛡️ Assist in the formulation and delivery of injury prevention programmes



- 🛡️ Collect growth and maturation data and provide key insights for player maturation levels
- 🛡️ Lead on matchday protocols including physical preparation, nutrition, hydration and post-match conditioning where required
- 🛡️ Assist fitness testing protocols in conjunction with the Premier League
- 🛡️ Contribute to the Implementation of systematic physiological (laboratory and field-based) and anthropometric testing protocols and analyse the data and provide feedback to the multidisciplinary team members and individual player
- 🛡️ Provide regular oral and written reports at appropriate meetings associated with the Strength and Conditioning support (athlete programme design, athlete attendance and adherence, test and monitoring reports, programme overview, review and updates)
- 🛡️ To support during field and gym-based sessions the other sport scientists and their respective teams
- 🛡️ Initiate and contribute to special projects that are part of the wider development of the medical and exercise science department at the football club
- 🛡️ To complete multi-disciplinary reviews for each player, providing short, medium- and long-term action points throughout the season when necessary
- 🛡️ Completion of the training register for all players, including session and player evaluation of training within 24 hours on the online management tool (Kitman Labs)
- 🛡️ Support the GPS analyst, monitor training load through GPS; and report back to coaching staff and physiotherapists post training
- 🛡️ To follow and enforce best practice in relation to Safeguarding policies and processes including but not limited to reporting procedures
- 🛡️ To work alongside the Safeguarding Team and Designated Safeguarding Leads to ensure safeguarding standards are met and maintained

General responsibilities

- 🛡️ Compliance with Club policies
- 🛡️ Compliance with the Club's health and safety procedures
- 🛡️ Compliance with the Club's safeguarding policies
- 🛡️ To promote the Club's values
- 🛡️ To work consistently to embed equality & diversity into the Club
- 🛡️ To undertake such other duties as may be reasonably expected
- 🛡️ To maintain professional conduct at all times

Safeguarding

We are committed to safeguarding and promoting the welfare of children, young people and adults at risk. We expect all those associated with WWFC to share this commitment. This means that the post-holder is required to apply all relevant policies and uphold the Club's commitment to safeguarding children, young people and adults at risk.



Equality, Diversity, and Inclusion

The post holder will demonstrate a strong commitment to equality, diversity, and inclusion, supporting the organisation's strategic aims to remove barriers and address inequality. You will play an active role in promoting an inclusive, discrimination-free environment that ensures fair access to opportunities and resources. This includes fostering a culture of dignity, respect, and belonging where everyone is empowered to contribute, perform, and reach their full potential.

Key relationships

- 🛡️ Head of Academy (Football)
- 🛡️ Head of Academy Sport Science and Medical
- 🛡️ Lead Academy Athletic Development Coach
- 🛡️ Lead 9s-16s Sport Scientist
- 🛡️ Head of Coaching and the remaining MDT staff members U13's & U14's, U15's & U16's
- 🛡️ Members of the Sport Science department
- 🛡️ Football Administration Department

PERSON SPECIFICATION

Knowledge: the level and breadth of knowledge to do the job e.g. understanding of a defined system, method or procedure, legal or regulatory frameworks etc

Essential

- 🛡️ A basic understanding of the Governing body (the Premier league & FA) their doping policy, and basic pathological requirements and how this relates to nutrition support modification
- 🛡️ EPPP requirements
- 🛡️ Operate within the rules of professional confidentiality to liaise with athletes, medical staff, sports sciences staff, coaches and other support staff as appropriate
- 🛡️ An understanding of individual responsibility in complying with Health and Safety policies
- 🛡️ An understanding of Safeguarding children, young people and adults at risk
- 🛡️ Knowledge of Safeguarding legislation, policies and procedures (including reporting platforms and/or requirements)
- 🛡️ Wellbeing knowledge in relation to supporting children, young people and adults at risk

Technical/work-based skills: skills specific to the job e.g. language competence, typing skills, coaching skills etc

Essential

- 🛡️ Minimum of 1 year working as a sport scientist/conditioner within an Elite sporting environment
- 🛡️ Advanced Proficiency to collect and monitor growth & maturation data
- 🛡️ Experience delivering warm-up, cool-down, flexibility, core strength and stability, speed, agility, quickness training
- 🛡️ Coaching Olympic weightlifting to a high professional standard



- 🛡️ Experience of how to modify and develop conditioning programmes according to test results or specific individual needs
- 🛡️ Evidence of a proven track record in designing multi-facet periodised training programmes specific to elite football
- 🛡️ Ability to modify coaching style when delivering practical sessions to different populations

Desirable

- 🛡️ Proficiency using R Studio / Tableau / Sonra and other data platforms

General skills and attributes: more general characteristics e.g. flexibility, communication skills, team working etc

Essential

- 🛡️ Experience of actively engaging with players and technical coaches to create a culture which enhances attitudes towards Strength and Conditioning practices
- 🛡️ Excellent anatomical knowledge and an ability to apply this specifically when communicating with coaches and physiotherapists
- 🛡️ Ability to communicate complex data in terms that are easily understood by a wide range of audiences
- 🛡️ Ability to work irregular and unsociable hours as required involving work outside normal office hours, evenings, weekends and Bank Holidays
- 🛡️ Understanding of how to work safely with children, young people and adults at risk to uphold Safeguarding best practice
- 🛡️ Promote, adhere to and implement the Club's Equality Policy and to work consistently to embed equality and diversity within Club

Experience: proven record of experience in a particular field, profession or specialism.

Essential

- 🛡️ A minimum of a years' experience of working in an ELITE environment supporting athletes in a Strength and Conditioning Capacity

Desirable

- 🛡️ Having worked within an Academy football MDT environment
- 🛡️ Working with children and/or vulnerable adults

Qualifications: the level of educational, professional and/or occupational training required

Essential

- 🛡️ An undergraduate degree in a sport science related field (2:1 minimum)
- 🛡️ Obtained or working towards the BASES Accreditation. Attended and completed BASES CPD workshops and documentation
- 🛡️ Post-holder must hold or obtain at the earliest opportunity and maintain the relevant safeguarding training (i.e. FA Safeguarding Children Workshop)



- 🏆 Post-holder will be subject to a DBS check at the appropriate level and cleared by the Wolves Safer Recruitment Group

Desirable

- 🏆 Master's degree in a sports science related field
- 🏆 EFAIF medical certificate
- 🏆 NSCA Accreditation
- 🏆 Working towards or hold UKSCA Accreditation